

SO PLEASED TO MEET YOU

Kay Montgomery

Good morning, Alice. I am so pleased to meet you. I'm your neighbor down the hall. I see that you are still in the process of moving into Wind Crest, so do not wish to take too much of your time. I have been a resident for a year and a half, and find life here better than I had ever imagined.

You will find that residents will welcome you with a "hello, how are you and please join us". The staff is endlessly patient with us, answers all of our silly questions and helps us understand the process that is life here at Wind Crest., always with a smile.

Have you discovered the MyWindCrest.org web site? That will answer so many of your questions, tell you the schedule for the day, lists the many activities, the how to's and how not to's, even weather forecasts, special trips to be taken, the shuttle services, and very important - dining services and menus. TV Channel 54 is also an important service for information, with easy access 24 hrs a day.

We find that food and dining are important features for all of us. You say you have no interest in cooking? Well, welcome to Wind Crest! That is what we all had in mind when we signed that first piece of paper. You will enjoy the atmosphere of all the dining areas. This is one of the easiest ways to become acquainted with your fellow residents. So please join us and ask lots of questions.

Alice, you have no need for worry about what happens if you need medical or emergency help. That little string that hangs from the walls is a very important little string. If you happen to pull that, either in need or by mistake, be prepared for some action. The phone will ring and a question is asked as to what kind of help you need. If you cannot get to the phone, be prepared for the Security men or women to arrive very promptly, open your door with their key, and start to assess the situation. Most helpful to them will be the red File of Life that we are asked to complete and post on our refrigerators. This will tell them what kind of care we wish to accept. Very important that we post this and keep it current.

Do you have a dog, Alice? Oh. So yes, you do. Well, welcome to Her Highness. She will enjoy all of her new friends, almost 85 of them, on her daily walks through the grounds, always on a leash. Picking up after her will be your challenge, and reward, for good neighbor status. Plastic bags are available for this activity.

Alice, I do welcome you and do not wish to take any more of your time.

Unpacking, getting settled, arranging closets and furniture, understanding the neighborhood and meeting new people, that is your job for the next few weeks or months. Enjoy the process. Now here is my phone number and apartment number. Please feel free to call on me at any time.

In the meantime, Alice, would you enjoy joining me for dinner this evening, along with several other friends? You can ask, and we can try, to answer all of those questions.