

DIRECTIONS

By Judy Fritschen

People have five main senses. They are the senses of seeing, hearing, smelling, tasting, and feeling. However, we have other senses as well. One of those is the sense of direction. This is a pretty important sense to have. You need a sense of direction in order to find your way from one place to another. It is also important when following the directions someone else gives you.

I am somewhat challenged at telling directions. I find it easier when outdoors than when indoors. The morning sun is in the east. The evening sun is in the west. Midday or on a cloudy day it is more difficult. The state of Colorado gives an advantage because the mountains appear on the west when you live on the front range. My car has a direction sensor and that is a big plus when traveling by car.

When I am outdoors in areas of which I am familiar, telling directions is not so much a problem. My biggest problem is when I am indoors, especially where I cannot see out a window. Let me give you an example. One day when Bill was working in the back yard, he asked me to bring him the big crescent wrench. He said it was hanging on the west wall in the basement. Oh my gosh! Which basement wall is the west wall? Here is how I figured it out.

Our house faced north, so when I stood in our dining room facing out the glass sliding door to the back yard, I knew that was south. I had to make a 180 degree left turn to go down the stairs to the basement. That meant I was going north down the stairs. All the walls in the room at the bottom of the stairs were finished and there were no tools hanging on them. The tools had to be hanging on a wall in the furnace room. I made a 180 degree turn to the right to go into the furnace room. That meant I was going south. I opened the door to the furnace room, stepped inside, and turned 90 degrees to the right to face the west wall. There it was! The big crescent wrench was hanging on the west wall just like Bill said.

Telling directions inside buildings at Wind Crest poses another problem. The buildings do not face due north, south, east, or west. I am glad we have windows at all the connections between buildings. It gives me a chance to look outside and get my bearings when walking from one building to another. Is anybody else challenged at telling directions?